

If you have questions about Visudyne therapy or experience side effects, contact your eye doctor.

Next treatment: Clinic:

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Protect Your Vision

Things to know before and after Visudyne therapy.



What should I do before treatment?

Your eye doctor has recommended Visudyne therapy for you because you have been diagnosed with the wet form of Age-Related Macular Degeneration, or AMD. Visudyne is a therapy that can help slow the progression of this disease.

Before you go to your eye doctor for treatment, set aside items to protect you from bright sunlight. Take with you:

- Dark sunglasses
- Gloves
- Wide-brimmed hat
- Long-sleeved shirt
- Slacks
- Socks and shoes

Wear these items home and if you go outside during daylight hours in the first **two days** following treatment.

What should I do after treatment?

Visudyne therapy causes your skin to become temporarily more sensitive to light. After treatment, you may be given an orange bracelet to wear for **two days** to remind you. As a precaution you should avoid the following during this time:

- Bright sunlight
- Tanning salons
- Halogen home and office lights and reading lamps
- Undraped windows in direct sunlight
- High powered lighting
(eg dentist offices, surgery operating rooms)

Please note UV sunscreens are not effective in protecting against photosensitive reactions.

But you don't have to stay in the dark, in fact, exposing your skin to indoor light helps to remove the drug from your body.

Make sure you have a follow-up appointment booked with your eye doctor